

Dobrudžanska Râka Добруджанска Ръка (Bulgaria)

These notes ©2014, Andrew Carnie. Introduced to North America by Camille Brochu, who learned it from the Ansamble Sredec and taught widely in the US by Yves Moreau.

Translation: "Hands"

Music:

- Хоро X-318
- Nama 2
- <http://www.amazon.com/Dobrudjanska-feat-David-Loretta-Kelley/dp/B0051YEBNM>
[<http://www.amazon.com/Dobrudjanska-feat-David-Loretta-Kelley/dp/B0051YEBNM>]
- <http://youtu.be/08Bzc0wNEr0> [<http://youtu.be/08Bzc0wNEr0>]
- <https://www.youtube.com/watch?v=E3myMldMn8E> [<https://www.youtube.com/watch?v=E3myMldMn8E>]

Meter: 2/4

Formation: Open circle in W position

Introduction: 4 bars

Each part of the dance uses two different melodic themes

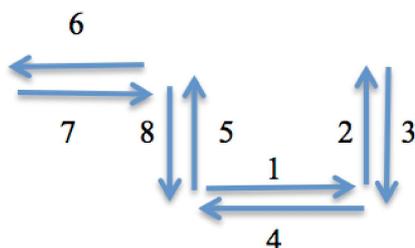
Part 1:

Bar 1: facing LOD, step on ball of R in LOD, hips swing to the R (1), roll down onto R and stamp L next to R (&), Step on ball of L in LOD, hips swing to the L (2), roll down on L and stamp R next to L (&) [this is the basic foot work used throughout the dance whenever "step stamps" are mentioned

Bars 2-16, repeat bar 1, fifteen more times.

Part 2

The footwork for this step is a matter of great controversy. You'll find different groups doing it differently, all claiming to be "right". I'll do the same! My notes are consistent with the way I learned it from Yves Moreau and from the 1983 California Folk dance federation notes attached below. The footwork of this step traces the shape of a pot on the floor:



[<http://1.bp.blogspot.com/-7Ro0E64LI-4/U82fi0-NPtl/AAAAAAAAAtQ/lzDHBDF9mqg/s1600/arrows.png>]

Numbers in square brackets [] correspond to the numbers in the above diagram

Bar 1: Hands on hips, dance solo. [1] facing center, step R to R (1) stamp L gently next to R (&), [2] leading with L shoulder to face R, step L into the center (2), stamp R gently next to L (&)

Bar 2: [3] Still facing to R, step R (1) and stamp L (&), [4] turning to face center step L to L (2), stamp R next to L (&)

Bar 3: [5] leading with the R shoulder and turning to face left, step R into the center (1) stamp L next to R (&), [6] turning to face center, step L to L (2), stamp R next to L (&)

Bar 4: [7] still facing center, step R to R (1), stamp L next to R (&), [8] leading with L shoulder turn to face L, step L out of

the center (2), stamp R next to L (&)

Bars 5-16: repeat 3 more times (4 in all)

Part 3

turn to face center and grab hands down in V position, elbows straight.

Bar 1: Step R to R, arms swing back (1), cross L over R, arms swing forward (not too far forward) (&), Step R to R, arms swing back (2), cross L over R, arms swing forward (&)

Bar 2: Step R to R, arms swing back (1), stamp L next to R, arms swing **forward** (&), step L to L, arms swing back (2), stamp R next to L, arms swing forward (&)

Bars 3-16, repeat bars 1-2, 7 more times.

Part 4

Yves' notes say that the steps in bars 1-2 move into the center, most groups I know do them in LOD. It's probably in between the two, so I've notated it as diagonally into center.

Bar 1: Step R diagonally into the center arms swing forward and down (1), stamp L next to R (&) Step L, swing back (2), stamp R next to L

Bar 2: repeat bar 1

Bar 3: Hop on L arms come up high (1), stamp R next to L (&), Leap onto R in place (2), stamp L next to R (3)

Bar 4: Leap onto L in place (1), stamp R next to L, (&), stamp R again arms come sharply down to W position (2) pause (&)

Bars 5-16 repeat bars 1-4, three more times.

Part 5

Bar 1: with hands held high above head, take two step stamps in LOD (R (1), stamp L (&), L (2), stamp R (&))

Bar 2: turn to face RLOD but continue moving in LOD back up with two step stamps (R (1), stamp L (&), L (2), stamp R (&)) Arms come sharply down to W position on R-stamp

Bar 3: turn to face LOD, step R in LOD, arms push upwards (1) stamp L next to R, arms swing forward and down (&), step L in LOD, arms swing back (2), Stamp R next to L, arms swing slightly forward (&)

Bar 4: Stamp R (swing arms back) (1), swing arms slightly forwards (&), Stamp R (swing arms back) (2)

Bars 5-16 repeat bars 1-4, three more times.

Part 6

Bar 1: facing center, two step-stamps into the center(R (1), stamp L (&), L (2), stamp R (&)), arms swing forward and back.

Bar 2: Step back on R (1), close L next to R (&), step forward on R (2), scuff L heel next to R (&), arms swing forward and back.

Bar 3: Step on L to L arms come up to W position (1), stamp R next to L (&), take a big step backwards on R, L leg stays forward, Arms stretch straight forward (not to left!) (2), pause (&)

Bar 4: step forward on L, arms come back to W position (1), stamp R next to L arms come down a little (&), hands pump up a bit (ah), stamp on R, arms come down (2), pause (&)

Bars 5-16 repeat bars 1-4, three more times.

Repeat dance starting with part 2 (part 1 is only done at the beginning of the dance)